

MEET THE COMMITTEE HEALTH & WELLNESS DAY



Kim Watt, LC'16 Director, Acworth Parks, Recreation and Community Resource Department

Favorite LC Memory: Spring Retreat! So much fun to connect and spend time with the class that became such a huge part of my life for 9 months.

Advice for LC'25: Say yes to everything you can! You'll be given the opportunity to have experiences and meet people that you normally wouldn't, so don't take it for granted. Don't miss out on anything!



Ken Johnson, LC'17 Licensed Professional Counselor, East-West Psychotherapy



Jesslyn Rollins, LC'24 CEO, BIOLYTE

Favorite LC Memory: Too many to count.

Advice for LC'25: Sit with different people on the bus rides.



Blair Waldron, LC'01 President, Waldron and Lee Dentistry

Favorite LC Memory: Wearing a dress.

Advice for LC'25: Go to as many outside activities as you can!



Lisa Crossman, LC'93 Deputy Director, Cobb & Douglas Public Health

Favorite LC Memory: Item of Significance at Fall Retreat

Advice for LC'25: Be all in! Engage with classmates and alumni you may not know well. Step out of your comfort zone to learn/try new things. It will be the chance of a lifetime!



Lydia Stinson, LC'23 Development Officer, Children's Healthcare of Atlanta

Favorite LC Memory: Fall retreat! It was great meeting classmates and seeing the impact Leadership Cobb has on the community.

Advice for LC'25: Enjoy every minute and talk to every class member!



Jennifer Stanley, LC'23 Physician Marketing Liaison, Northside Hospital

Favorite LC Memory: Fall Retreat and Armed Services Day!

Advice for LC'25: Sit with someone new at every opportunity! There are so many amazing people in your class, take the time to really learn about them.



Callie Andrews, LC'22 SVP/COO, Wellstar Kennestone Hospital

Favorite LC Memory: Friends, fun, community development along the way

Advice for LC'25: Lean in!



Amy Reeves, LC'23 Physician Assistant, Wellstar Medical Group

Favorite LC Memory: Armed Forces Day!

Advice for LC'25: Take it all in - you are in for a treat! Leadership Cobb is a great way to learn about your community and become friends with some really great people.



Devan Seabaugh, LC'98 *Vice President, Metro Atlanta Ambulance*

Favorite LC Memory: So many over the years but my fall retreat was magical and the friendships I made that weekend have lasted a lifetime.

Advice for LC'25: Commit to the experience and pour yourself into it. The investment in yourself will pay dividends well into the future and when it is over, be a blessing to others with the knowledge and friendships you have gained.



Chris Brown, LC'17 Founding Partner, Brown Capital Advisors

Favorite LC Memory: Getting to know the great people of this community and the overwhelming support of my class during my daughter Meredith's illness.

Advice for LC'25: Stay connected with your classmates. You may never know what a difference you are making within their lives.



Lisa Ashby, LC'18 Private Wealth Investment Executive, Truist Atlanta



Brittany Malone, LC'24 *F-35 International Marketing and Communications Rep Staff, Lockheed Martin*



Travis Watson, LC'11 *President/Owner, Atlanta West Dentistry*

MEMORIES



Judy Skeel, LC'03 Retired



Melvin "Carlyle" Kent, LC'05 Realtor, Atlanta Community Management

Favorite LC Memory: The retreat

Advice for LC'25: Engage with all the members!